

ALLENDALE

Minutes of the Board of Health

November 1, 2018

ROLL CALL: A regular meeting of the Allendale Board of Health was held in the Municipal Building on the above date. The meeting was called to order at 8:00 p.m. by Nadine Benoit.

The following members were present: Linda Morgan, Susan Toron, Heidi Askin, Maria Crean and Nadine Benoit. Absent was Robin Iversen and Christopher Martin. Also, present was Kristan Caperino, our sanitarian.

APPROVAL OF MINUTES:

The October 2018 Minutes were accepted with a motion to approve by Susan Toron and seconded by Maria Crean.

SECRETARY/REGISTRAR'S REPORT

Adult Health Clinic – No Clinic was held during October.

Child Health Clinic – Two children attended the Well Baby Clinic during October.

Vital Statistics – 4 Deaths 2 Births 0 Marriages.

Receipts - \$80.00 in Certified Copies, \$110.00 in Miscellaneous, totaling \$190.00.

COMMUNICATIONS/CORRESPONDENCE

-Applications for New Jersey LINCS for health updates.

HEALTH OFFICER/SANITARY REPORTS

-Performed food establishment inspections.

-Allendale Corner Café is opening where Allendale Eats was. Performed pre-operational inspection and there was no prep sink area or three compartment sinks. Therefore, rejected original plans and new plans were obtained and approved. Will reinspect prior to opening.

-Complaint received for Mezza Luna. They were leaving their cooked potatoes outside in a bucket to cool which is unacceptable. Additionally, food establishments cannot keep back doors open with no screens.

-Performed a Chapter 24 reinspection for Masa Sushi and they were satisfactory.

-Inspected Northern Highlands, Brookside School and Archer Nursery School. All posted satisfactory.

-Inspected food vendors at Allendale Day and were satisfactory.

-Performed a site inspection at Allendale Bar and Grill and Asian Cuisine. Both posted satisfactory.

OLD/NEW BUSINESS

-Senior Flu Clinic was held today. 26 vaccinations were given.

-Review of 2019 Board of Health Budget.

PRESIDENT'S REPORT

-We attended the USRA Coalition which is an organization that is grant driven and presents informative programs to educate our students and residents. This committee meets monthly and consists of our Mayor, Liz White, and the Upper Saddle River Mayor, both Chiefs of Police and others. Programs on Opioids, Vaping, Mental Health issues, Bullying are topics presented throughout the year to educate our communities. Before a program is approved, an application process and certain criteria must be met as they are specific in the types of programs that can be funded.

There is a similar group called the Northern Highlands Coalition looking at mental health issues, drugs and alcohol, but is geared more toward the high school level. There is a possibility that the two groups may merge sometime in the future, however, at this point they are working independently.

Public Health Overview - We can access health department updates on the County level, State level, the Center for Disease Control, and the World Health Organization.

Currently Measles are prevalent mainly in New York, however, another outbreak occurred in Lakewood, New Jersey. Measles is highly contagious and is transmitted by respiratory droplets and airborne spread. A traveler returning to the United States potentially exposed people in various New York State and one New Jersey location. These families travel overseas and do not give their children any immunizations.

Acute Flaccid Myelitis in U.S. Children is mimicking symptoms of Polio. From August 2014 through September 2018, the CDC has received information on a total of 396 confirmed cases across the United States; most of the cases have occurred in children. It is a rough illness, not widespread, however, it is being looked into. While the cause of most of these cases is unknown, it is always important to practice disease prevention steps, such as keeping up-to-date on vaccines, washing your hands frequently, and protecting yourself from mosquito bites.

The World Health Organization website mentioned that they are currently holding the First Global Conference on Air Pollution and how Air Pollution affects health. Up to 1/3 of deaths from Strokes, Asthma, Lung Cancer and Heart Disease are due to air pollution.

Welcome and the World Health Organization are holding a meeting in London. They are bringing together approximately 60 invited experts, and scientists to accelerate advances in Nutritional Science and draw the public's attention to the importance of Nutrition and how research improves health.

MEETING OPENED TO THE PUBLIC

No one came forward.

A motion to adjourn was made by Susan Toron and seconded by Linda Morgan. The meeting adjourned at 8:30 p.m.

Respectfully submitted,

Jean Manus, Secretary
Allendale Board of Health