

## **ALLENDALE**

### **Minutes of the Board of Health**

**October 4, 2012**

**ROLL CALL:** A regular meeting of the Allendale Board of Health was held in the Municipal Building on the above date. The meeting was called to order at 8:00 p.m. by Robin Iversen, President.

The following members were present: Robin Iversen, Nadine Benoit, Christopher Martin, Bruce Beck, Maria Crean and Susan Toron. Absent was Linda Morgan. Also present was Linda Quinn and our guest Nancy Mangieri, Director/Health Officer of the Bergen County Department of Health Services.

#### **APPROVAL OF MINUTES:**

The September 2012 Minutes were accepted with a motion to approve by Nadine Benoit and seconded by Bruce Beck.

#### **SECRETARY/REGISTRAR'S REPORT**

**Adult Health Clinic** - No clinic was held.

**Child Health Clinic** – No children attended.

**Vital Statistics** – 2 Deaths, 3 Births, 0 Marriages

**Receipts** - \$56.00 in Marriage Licenses, \$15.00 in Miscellaneous, totaling \$71.00.

#### **COMMUNICATIONS/CORRESPONDENCE**

-Senior Flu Clinic Agreement from the County.

#### **HEALTH OFFICER/SANITARY REPORTS**

-Angelo's Pizza contracted with another exterminator to solve the infestation problem. The apartments above and State Farm Insurance were also treated simultaneously. To date, the infestation is under control.

-Dog running at large bit a Tyco Animal Control employee while they were trying to contain him. However the dog needed a rabies update and a current license. Both issues were satisfied.

-There was another dog incident, this time, at Crestwood Mews. Resident was walking her leashed dog when it was attacked by a pit bull who ran out of its house and bit her dog's ear and neck. While trying to separate them, the woman was also bitten. Tyco will not declare it potentially dangerous because this was the first incident and the pet has no history of biting and are following State law.

- Morano's – Visited, inspected and consulted with manager. No live roaches observed, however there were a few dead ones on the monitoring traps.

-State Farm - Few visible roaches. Met with landlord in the afternoon and reviewed issues with him. Entire building is being treated as often as State will allow.

-Northern highlands had seven out-dated food items with possible mice issue in the storage room. Will do follow-up.

-Follow up with dog bite investigations.

-Clyde's – Performed Chapters 24 and same was satisfactory. However, they were not labeling expiration date on dairy products. Will reinspect.

-Brookside School – Performed Chapter 24 and found them satisfactory. The lock to walk-in freezer is in disrepair. Advised manager to get knife holders.

## **OLD/NEW BUSINESS**

-The Oath of Office was given to Susan Toron who was hereby appointed to fill the unexpired term of Donna Fichera.

-Nancy Mangieri, Director/Health Officer of the Bergen County Department of Health Services attended our meeting. She distributed the rules and regulations of the Board of Health to the members and stated that the information contained therein will help us to better perform as a Board. The material talks about ways we can be responsible to the community by coming up with plans that are unique to Allendale. She talked about the health consultation program we offer and mentioned the poor attendance and feels it is not a very effective way of reaching people. She wants to challenge us to find new ways to reach more people thereby using our health dollars to meet more of our community's needs.

With Ms. Mangieri as the Bergen County health officer, comes their entire staff at our disposal. She reminded us that they have many experts who can come and speak to us.. i.e.the Mental Health Coordinator to speak about the resources at the County that a resident may need; the Municipal Alliance Coordinator who does prevention for addiction, alcohol and drugs, etc.

At this time she talked to us about a program that is called the American Medicine Chest. It is an national program that comes with media tools, instructions, forms, etc. A permanent 24/7 recepticle for drugs can be installed (with the cooperation of the Police Department). These are permanently placed on police property where there is 24/7 surveillance. They look like a mail box, are screwed into the ground, and people can drive up and drop their unused medications right in the box. The police have an inceration process for their evidence so they already have a way of disposing of same on a routine basis. She mentioned that it is a one time investment that may be as little as \$100.00. and will enable our community to get rid of unwanted pharmaceuticals. Also, there is an "APP" for it on your I-Phone.

Ms. Mangieri also talked about the Stanford University Chronic Disease Self Management Course. This is a program that would consist of approximately 12-15 people who would be invited in, or volunteer, to participate for six weeks (two hours each week) and are taught strategies on how to self-manage their chronic disease. It teaches them strategies on how to control, for themselves, heart disease, diabetes, stress, all things that cause disease.

Nancy Mangieri stated that she can arrange to have their epidemiologist come here to speak about communicable diseases and said that this town, however, has no trending for communicable diseases; Allendale's numbers are low. Our Lyme Disease numbers are consistent with the rest of Bergen County. We can put together a Lyme effort which would teach people how to prevent Lyme Disease. Lyme Disease can't be stopped, but we certainly can help people understand ways to reduce its spread, as it is very debilitating.

Ms. Mangieri talked about the following issues –

Bergen County has several cases of West Niles. The Mosquitoes are routinely surveilled in all of Bergen County. If called, Mosquito Control will spray twice a year, free of charge, in your yard. Three different kinds of mosquito tested positive for West Niles. One mosquito, called the tiger, hunts during the day and can reproduce in a thimble of water. We must all work to reduce any standing water in Allendale.

Our website – [Bergenhealth.org](http://Bergenhealth.org) is the County's website that offers enormous information about all of the above. Health videos will also be put on there (similar to U-tube) that are called Perfect Content that looks like an actual newscast. This feature has been added to the website for concise accurate information.

There is a Meningitis issue. It is coming from a medication that is being injected in an epidural fashion and there have been multiple deaths from this. The unfortunate part is that it takes up to and past four weeks for some of the symptoms to show. It begins like a cold and before they realize what happens, the patients expire. There is a practice in Bergen County that did receive this medication and we are monitoring same very closely.

There is a salmonella issue with Trader Joe's peanut butter.

Bergen County is number one in the State for Rabies. We must understand it, know how to report it, and must make sure that dogs/cats are vaccinated and licensed. The rabies is in the wildlife and there is nothing we can do about that other than to teach our children not to go near wildlife if at all possible.

The Medical Reserve Corps (MRC) is a volunteer organization that would collect and bring together people in the healthcare field to help in an emergency. It has expanded.....it needed to ..... and has grown into all kind of volunteers.....people good in computers and people with all kinds of skills. It is a wonderful organization you can volunteer and join. They are very active, receive great training, and each person can decide how much they want to participate.

We have a unit in our office known as the Mental Health Law Project. It consists of lawyers who represent people who need representation but do not have the funds to represent themselves and who are suffering either from HIV, mental health illness, or both. Currently two Allendale residents are being represented through this project for social security cases. We just want you to know that this

project is working well for your residents enabling these residents to receive the social security benefits they are entitled to and making sure they are leading a quality life.

Bloodborne Pathogen Training is already scheduled for 2012 and the Flu clinic will be upcoming at the end of the month.

As your health officer I am always here for you to provide any kind of consultation that is needed with services through the Bergen County Department of Health Services or through other vendors. It is my job and my responsibility to each and every one of you to help you understand that you are getting the best service you need to fulfill all your requirements. You have selected me as your health officer and I am here to help you understand contracts and all the services that are available to you.

Emergency Preparedness – The County is doing all of the preparedness for Bergen County. We were examining the tent system that would go up in case of an emergency to be able to provide medical dcon in case there was a radiological event. We are working with Indian Point. We are the exit strategy for New York and we need to make sure that as they march through we help them because it's the right thing to do and that we have resources when we are finished.

We are always looking for your involvement and will be sending you information on the educational seminars we have and you are always welcome to come to them. If you have something you would like us to do, please let us know. As your health officer, you have access to all the knowledge that is in that building. Every single expert in that building is at your disposal. We have industrial hygenists.....we are well rounded ..... and very prepared for whatever comes down the road.

An invitation is being extended to visit the Teterboro Animal Shelter. The shelter will be offering micro chipping for animals beginning November at a greatly reduced cost. The Allendale Police Department already has a wand enabling them to be reunite each pet with their respective owner.

#### **PRESIDENT'S REPORT**

Nothing new to report.

#### **OPENED TO THE PUBLIC**

No one came forward.

A motion to adjourn was made by Nadine Benoit and seconded by Christopher Martin. The meeting adjourned at 9:15 p.m.

Respectfully submitted,

Jean Manus, Secretary  
Allendale Board of Health